WHY SHOULD I VOLUNTEER WITH MY FAMILY?

10 BENEFITS OF FAMILY VOLUNTEERING

1 SEE EACH OTHER IN A DIFFERENT LIGHT

Children and parents don't have the opportunity to interact with one another when they go to school and work. Volunteering provides an opportunity for family members to recognize and appreciate the skills and competencies of others.

2 STRENGTHEN VALUE SYSTEMS

By volunteering as a family, parents model the values they teach in the home. By seeing these examples, children are more likely to exemplify correct behavior.

3 ENGAGE A NEW GENERATION OF DEDICATED VOLUNTEERS

When young children form the habit to volunteer, they are more likely to volunteer as they grow older. Volunteering as a family, especially with young children, helps guarantee that there will be volunteers for decades to come.

4 BOOST SELF-SATISFACTION

Parents and children feel good about volunteering together. They develop a positive self-image of themselves and are more likely to be confident about their abilities and future.

5 INCREASE THE FAMILY'S SOCIAL NETWORK

Volunteering can be a great way to find new friends for the whole family. These friends share common interests and can provide support during difficult times.

6 GAIN EXPERIENCE FOR FUTURE ENDEAVORS

Colleges are becoming more and more selective. Finding a job can be difficult. The skills and experience gained during volunteering can be critical to future success. As youth invest time in volunteering, they become better prepared for the future.

7 IMPROVE COMMUNICATION

Volunteering requires coordination and good communication. As families work together while volunteering, they improve their ability to communicate with one another.

8 CREATE SHARED GOALS

As families volunteer together, they work towards a common goal. Those shared goals strengthen bonds between parents, children, siblings, and other family members.

9 COUNTERACT PESSIMISM & NEGATIVITY

With the onslaught of negative news and depressing social media, it's important that parents combat bad influences on their family. Volunteering can be a great way for the whole family to be engaged in a wholesome and uplifting activity together.

10 FOSTER EMPATHY

As children volunteer, they grow to understand the difficulties of the less fortunate. They also become more grateful for the good that's in their life.

UServeUtah
Utah Commission on Service & Volunteerism

Find Volunteer Opportunities for You and Your Family at

USERVE.UTAH.GOV

SOURCES
https://psychcentral.com/lib/the-benefits-of-volunteering-as-a-family/
https://www.serviceleader.org/volunteers/familyvolunteering